

Not your
average
group

Start the Conversation

For people with disabilities, our goal is to empower one another and find a “Deeper Sense” of ourselves. We will explore ways that increase our own self-expression, our confidence, and expand our personal awareness.

Join us virtually on the 1st and 3rd Tuesday
of each month at 1:30pm

Facilitator: Erick Dreher, LMSW

Call or email to register:

631-730-3737; edreher@siloinc.org



SILO

Self-Initiated Living Options, Inc.
education - advocacy - empowerment