

Not your  
average  
group

# Start the Conversation

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**For people with disabilities, our goal is to empower one another and find a “Deeper Sense” of ourselves. We will explore ways that increase our own self-expression, our confidence, and expand our personal awareness.**

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**Join us virtually on the 1st and 3<sup>rd</sup> Tuesday  
of each month at 1:30pm**

*Facilitator: Erick Dreher, LMSW*

*Call or email to register:*

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Self-Initiated Living Options, Inc.  
education - advocacy - empowerment

