

Not your  
average  
group

# Start the Conversation

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For people with disabilities, our goal is to empower one another and find a “Deeper Sense” of ourselves. We will explore ways that increase our own self-expression, our confidence, and expand our personal awareness.

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Join us in person on the 1st Tuesday of each month  
and/or virtually on the 3rd Tuesday of each month  
Time: 1:30 PM

*Facilitator: Erick Dreher, LMSW*

*Call or email to register:*

*631-730-3737; [edreher@siloinc.org](mailto:edreher@siloinc.org)*



**SILO**

Self-Initiated Living Options, Inc.  
education - advocacy - empowerment